

Contact details

Occupational Therapy

Lincoln Hospital.....01522 572378
Pilgrim Hospital01205 445359
Grantham Hospital01476 464360
Louth Hospital01507 600100 Ext. 1288 or 1309

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The Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please email the Patient Information team at patient.information@ulh.nhs.uk



Occupational Therapy Service

Information for

Ward

www.ulh.nhs.uk



Occupational therapy practitioners enable ‘people to achieve health, well-being and life satisfaction through participation in occupation’ (College of Occupational Therapists 2004).

Accident, illness, planned surgery and ageing can turn everyday activities into challenges which reduce independence and undermine our sense of identity.

Occupational therapists recognise that being able to perform these daily activities is crucial to health and wellbeing and aim therapy towards empowering people to be active participants in their own lives.

To the profession **occupation** means all the activities a person undertakes, enjoys and values.

The goals of occupational therapy intervention are to:

- **promote** performance of desired occupations
- **prevent** problems in performance of occupations
- **resolve** identified problems in performing occupations

Occupational therapy intervention can target:

- helping restore your strengths and abilities e.g. building the stamina to look after yourself following illness.
- enabling you to do things by changing environmental factors e.g. using equipment to help you manage.
- finding new ways of doing the things you need and want to do.

Your therapy plan will be devised in partnership with you to ensure your priorities, choices and concerns are respected. Our work together will include involving the people you identify are important to you and liaising with other members of the hospital and community teams as needed.

How will I recognise Occupational Therapy Staff?

Occupational Therapists wear white tunics with green piping and green trousers.



Senior Occupational Therapy Assistants and Occupational Therapy Assistants often work with them and they wear plain white tunics and green trousers.



All Occupational Therapy Staff will introduce themselves when they first meet. They wear identification badges which show their name and job title.

How can I contact my Occupational Therapist?

Occupational Therapy staff work on the wards within the hospital.

Please ask any member of the nursing team to contact us if you, your family or carers wish to ask questions or raise any concerns.

Your Occupational Therapist is.....

Supported by.....
(Senior Occupational Therapy Assistant/Occupational Therapy Assistant)

Contact Details.....